



## C.A.T. (Congregational Assessment Tool) Survey Results

### #10 - Spiritual Vitality

#### **Zion Lutheran Church ... *How do we rate on Spiritual Vitality?***

The Spiritual Vitality questions measured the degree to which members believe that their faith is central to their lives rather than as a sideline or an "as needed".

In addition, the Spiritual Vitality index typically relates to the percent of household income that members give to the church and is reflective of members' personal experiences. This would confirm what Jesus said: "Where your treasure is, there your heart will be also."

Zion's CAT responses showed an average of 90% in agreement\* with the following Spiritual Vitality questions:

1. My spiritual experiences often impact the way I look at life.
2. My spirituality is really the basis of my whole approach to life.
3. I experience the presence of God in my life.
4. I work to connect my faith to all the other aspects of my life.

Only 40% of the respondents agreed with the final statement in this category:

5. Although my faith is important to me, I feel there are other things more pressing in my life right now.

We recognize that recent years have challenged our faith and our spiritual lives. Remember that God walks with us through all circumstances -- in times of struggle and of joy!

Proverbs 3:5-6

Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways, acknowledge him and he will make straight your paths.

\* Agreement = Tend to agree, Agree, or Strongly Agree.